

ALL YOU NEED IS CONFIDENCE



**WESTERN
AUSTRALIA**

SurfBabies and SurfKids are fun, interactive 6 week programs aimed at children from 2-7 years of age and their parents to increase awareness, confidence and safety at the beach.

All participants must be accompanied by a parent at all times and classes are altered to suit all abilities. If you're a parent who is unsure of the beach environment then you and your child will benefit immensely. All classes are instructed by fully qualified Surf Lifesavers. This is a great way to ensure everyone feels safer at the beach coming into the summer months.

Program & Times (6 x 30min lessons)

SurfBabies Level 1	2yrs	8:30 – 9:00am
SurfBabies Level 2	3yrs	9:10 – 9:40am
SurfBabies Level 3	4yrs	9:50 – 10:20am
SurfKids Level 1	5yrs	10:30 – 11:00am
SurfKids Level 2	6-7yrs	11:10 – 11:40am

Series 1: 5 November – 10 December 2016

Series 2: 4 February – 11 March 2017

Locations: Coogee, Fremantle, Cottesloe, North Beach, Sorrento, Mullaloo, Quinns-Mindarie and Alkimos.

Cost: \$100 per child



For more information contact:

Keta Lemmon, Community Programs Officer

9207 6666 or klemmon@slswa.com.au

To enrol visit slswa.com.au/surfbabies

SurfKids

SurfBabies

Surf Survival

School Holiday Program



This exciting six day school holiday program teaches participants 7 to 15 years vital coastal recreation skills ranging from awareness of the beach environment and safety right through to obtaining an accredited Surf Rescue Certificate.

Learning to swim is a primary skill for safe aquatic recreation; however the coast is a dynamic environment with constant changing risks that even the most competent swimmer may find challenging without additional surf knowledge and skills.

Adapted from Surf Life Saving WA's Nipper Program, participants will get a taste of what being a Nipper is all about including gaining confidence in the surf and using nipper boards and rescue tubes.

Surf Survival offers participants four skill based levels of learning:

Level 1: Surf Aware	8.30 – 9.30am
Level 2: Surf Skill	9.45 – 10.45am
Level 3: Surf Wise	11.00am – 12.00pm
Level 4: Surf Rescue*	12.30 – 2.00pm

**Participants must be 13 years of age by January 11, 2017*

Dates: Weekdays from: 11 – 18 January 2017

Locations: Alkimos, Sorrento, Mullaloo and Leighton Beach

Cost: \$100 per person
(Level 4: Surf Rescue \$50 extra per person)



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