

## U12 Development Program



Our U12 Development Program provides the ultimate program for young, aspiring Hockey players to develop and gain essential Hockey skills and

progress as athletes.

## **General Info:**

- Pre-season preparation for 2020.
- Prepare for SSWA 2020 trials.
- Develop physical literacy for long term health and wellbeing.
- Play at Perth Hockey Stadium New turf as will be used at the 2020 Tokyo Olympics!

Where: Perth Hockey Stadium
When: 7th March - 5th April - Double header on the 7/8 March and 4/5 April, 9-11am
Maximum Capacity: 160 athletes (80 boys, 80 girls)
Cost: \$299 per person
Specific GK Development Program available (Max of 8 participants).

## Package Includes:

- 7 session preseason hockey program.
- Includes an Elite Athlete Workshop with Perth Thundersticks Players.
- Additional Nutrition workshop hosted by WAIS.
- Online Physical Literacy Tool 'Hockey PLus'.
- Total of **15+ hours** contact time.
- U12s Dev Program 2020 Cap.

REGISTER AT: https://www.revolutionise.com.au/wahockey/events/56636/